

Starting line is ready for the 5K Run



Applications are already arriving in the Chamber office for our 12th Annual 5K Run. The run will be held on September 23rd at 8:00 A.M. at Mayor Bob Leonard Park on Watt Road in Farragut. The race is USATF sanctioned and will be managed by the Knoxville Tract Club. This year we are hoping to break last year's record of 200 runners.

Runners will receive quality t-shirts with a customized logo designed by The Logo Shoppe. Pre-registered runners will receive a shirt on the day of the race and runners registering on the day of the race will receive one as

long as the supply lasts.

Awards will be given to the winners at the end of the race. Lots of food and beverages will be available for all to enjoy and drawings for door prizes will be provided by our Chamber members and friends for all of those participating in the annual event.

Also included this year is an "about a mile pet walk." Pet owners and those who just want to walk at a great event are encouraged to come for the festivities.

Businesses, friends and families **SHOW YOUR TEAM SPIRIT!** Get 5 people together & form a team!! Pay for 4 people!! Walk or run together. Wear your group's logo shirts or favorite colors! All pre-registered participants receive a **FREE** t-shirt & goody bag!

Pre-registration closes Friday, September 15, 2006 and the fee is \$15.00. On race day, registration will be available from 7-7:30 a.m. for \$20.00.

Registration rules apply to walkers and all pets will receive a free bandanna.

The Farragut 5K Run is only possible because of the generosity of our sponsors. This year's Event Sponsors are **TDS Telecom** and **Volunteer Chiropractic**. Media Sponsors: **YourHub.com** and **WIVK 107.7**. Our Community Sponsors: **Town of Farragut**, **Rural/Metro**, **BB&T Farragut**, **Regions Bank**, **NHC Assisted Living**, **First Utility District**, **Pet Safe Village**, **Village Veterinary Clinic** and **State Farm**, **Agents Cindy Doyle**, **Vanessa Brown** and **Jeannette Rogers**.

Thanks in advance to the committee this year for their hard work in preparing for the run/walk.

- Jonathan Patrick - Chair – BB&T
- Marianne Morse - Co-chair – Mary Kay
- Anne Renc - Lexus of Knoxville
- Lisa Wells – Covenant Health

- Pam Lambert – Tastefully Simple
- Richard Lo – Farragut High School
- Sondra Ward – Park Place Title
- Jamie Nicely – Payroll Services
- Justin Frye – National CineMedia

Thanks too, to the many additional volunteers that will be there to help in different capacities on the day of the race! Don't miss the excitement! Call the Chamber office at 675-7057 or visit us on line at www.farragut.com for more information or to register.



Runners, pets, volunteers, and frog...that's the WIVK Frog, gather just before Annual 5K Run / Walk in 2005. Guess the dog and frog are wishing each other good luck. Wonder who won? Both look determined!

member briefs...

Congratulations to Rick Disharoon of **Capital Financial**, who received an Education Grant from the FWKCOC and recently completed his training in Income Taxation. A portion of all chamber fundraisers go toward education grants for chamber member businesses of one year or more for educational training in their field. If you are interested, please contact the Chamber office for more details.

Congratulations to **Yessick's Design Center** on the celebration of the first year anniversary of their new business location, September 7th. **Yessick's** is located at 11035 Parkside in Turkey Creek.

Watts Bar Riverboat Company announces the launch of it's new Moonlight Cruise every Saturday night, beginning August 12th. Come aboard the "Belle" for 2 1/2 hours of live entertainment, snacks and your favorite beverage.

Reservations Recommended — \$19.95 Adults — \$18.95 Seniors — No kids please!

Looking for a class or workshop to keep you busy now that the kids are back in school? **The Town of Farragut** offers a new group of classes ranging from yoga to skin cancer prevention & detection programs and everything in between.

See MEMBER BRIEFS page 2

The Chamber is pleased to announce an additional member of the Enterprise Club. Jefferson Federal Bank, locally owned and operated financial institution based out of Morristown is scheduled to open three branches in the Knoxville area. The first being the July grand opening of the Farragut location at 11916 Kingston Pike.

ENTERPRISE CLUB

ADMIRAL ELITE

These Chamber members generously contribute to the Chamber and the Continuing Education Grant Program above and beyond their annual dues.

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The classes will be held at the **Farragut Town Hall** community or assembly room. If you are interested in any of the classes offered, call 966-7057 for more information. Hurry, classes fill quickly!



West Knox Chiropractic Group will be conducting complimentary scoliosis screenings on August 30, 2006 from 2:00-6:00 PM, for school children grades K-12. **West Chiropractic** is located at 11300 Kingston Pike. Call (865) 675-2663 for directions or questions.



Tennessee Artists Association members, Rosemary Floyd and Brad Selph, will show their art work August 1-August 31 at the **Frame Smart Gallery**, 11546 Kingston Pike (next to Kohl's), Farragut, TN 37934 (865)671-6068. The Gallery is open from 10 AM to 6 PM Monday through Saturday. Brad enjoys oil painting and Rosemary mainly paints watercolors and mixed media.



Auditions for the world-premier presentation of "Widdershins" will take place at **Pellissippi State Technical Community College** August 28-29. The play is a murder mystery set in the Edwardian period and written by nationally known playwright Don Nigro. "The play is not just a simple murder mystery, but one that's also deeply philosophical, and psychological," said Charles R. Miller, associate professor of Theatre at **Pellissippi State**. Auditions are open to the public and will be held 7-9 PM in the Performing Arts Center at the Pellissippi campus on Hardin Valley Road. The cast list will be posted on August 30, and rehearsals start August 31. Performance dates are October 13, 14, 20, 21 and 23 at the Performing Arts Center. For more information, contact Charles Miller at 865-482-3188



Martha Axford, General Manager of the **Holiday Inn Select Cedar Bluff** was recognized as the American Hotel & Lodging Association's 2006 Most Valuable Volunteer representing the State of Tennessee. "Martha has continuously been one of the first to offer her resources to further the position of the hospitality industry in Tennessee", says Walt Baker, CEO of the Tennessee Hotel & Lodging Association. Jill Thompson, Executive Director of the **Knoxville Tourism Alliance (KTA)** concurs. "Martha continues to provide support to the Knoxville tourism industry. She is a dedicated board member who we continually look to for guidance and direction."



Tusculum College offers online continuing education opportunities through the Professional Development Institute. The mission of the PDI is to provide continuing education opportunities to businesses, nonprofits, and educators. The Professional Development Institute has partnered with Gatlin Educational Services to create a unique combination of offerings for the benefit of the East Tennessee community. With over 5,000 online courses and certificate programs from Project Management to Accounting to Healthcare, there is something for every company and every learner in need of quality, flexible continuing education. Online self study courses range from \$79-159. **Tusculum College** can even



Above Left: Superior Carpet hosted a morning networking on July 13th. Lisa Coram, Office Suites Plus; Jennifer Eddy, Heritage Lake at Westland; Bert Griffin, Rural Metro; and Dayle Guinn, FWKCOC paused for a picture.



Above Right: Abuelo's celebrated their Grand Opening with a Ribbon Cutting on July 10th. Bert Griffin, Rural Metro, Marianne Morse, Mary Kay, Farragut Mayor Eddy Ford, Michael Hartman, General Manager, John Hurd, Regional Manager, Eric Wickstram, Franklin Printing, Mitchell Adams, First Tennessee, Tonya Vest, FSG Bank, Justin Frey, National CineMedia and Les Fout, Pellissippi State, were on hand to help out.



Above Left: Jefferson Federal local and corporate officials were present for the July 11th grand-opening and ribbon-cutting of the first Jefferson Federal in Knox County. Joining them to celebrate were officials of The Town of Farragut and Knox County and many friends and family.



Above Right: Melody Cotner, owner of Twin Lakes Limo talks with Kathy Barber, National College about some of the services available through Twin Lakes Limo. The networking was held on July 20th and a large crowd was treated to Buddy's Barbeque, TCBY, Sweetwater Valley Cheese and Tennessee Valley Wines. Also on hand was WIVK and the Frog handing out Dollywood wrist passes.

Left: The Adorable Child held a ribbon cutting on July 15th, to celebrate their opening. Pictured left to right are Stacey Handel, Angelique Diedrick, Todd Deadrick, Victoria Hobbs, Brad Hobbs, Caroline Hobbs, Judy Hobbs, owner; Brendan Hobbs, Cindy Dubnicka, Jennifer Bonnie, Terry Whitaker, Tonya Vest, and Freda Faddis.



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Pam Lambert of **Tastefully Simple** is implementing a Newcomers group at **Farragut High School** for the 2006-2007 school year. This is a welcome committee to the many new parents to our community who have students enrolled in the **FHS**. She has done this successfully at the Farragut Middle School for 2 years. The group will meet at **Panera Bread, Colonial Pinnacle**, the last Tuesday of every month. It's purpose is to help parents meet other parents that are new to the community, with job searching,

school activities, and with feeling comfortable in their new surroundings. Each new family will receive a welcome packet. If you are interested in helping with this group or offering information about your business that can be placed in welcome packets, contact Pam Lambert @ 671-3083 or 250-7899 Email: pamlamb62@charter.net www.tastefullysimple.com/web/plambert



Been to **Earth Fare**, the healthy supermarket lately? It is located at 10930 Parkside and provides quality natural and organic products. Not only does it offer good products, but also a weekly schedule of events and classes. The classes range from support groups to belly dancing to cooking classes and more. Stop by the store and pick up their monthly calendar to see what is offered.






Bethney Schultz Wilken
Loan Officer

8320 East Walker Springs Lane • Knoxville, TN 37923
Ph 865.691.8910 x321 • Cell 865.696.8399
Toll Free 800.489.8910 • Fax 865.697.7714
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