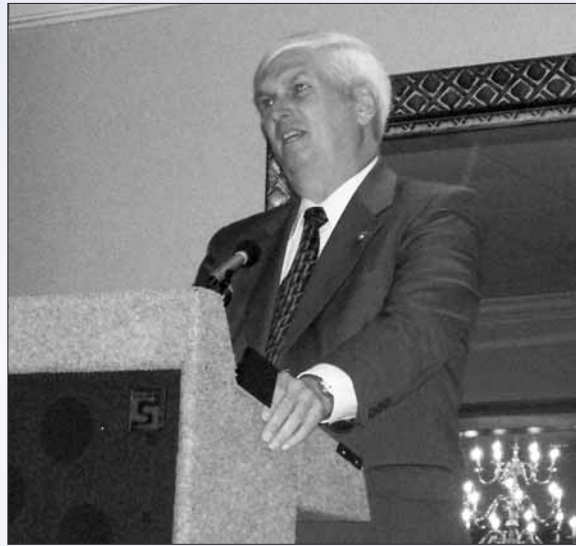


Duncan discusses 'Hot Topics'

United States Congressman Jimmy Duncan was the guest of honor at the Farragut West Knox Chamber of Commerce Speaker Series Breakfast at Fox Den Country Club Tuesday, July 10. Duncan, who celebrated his 60th birthday July 21, and is beginning his 19th year as Congressman, currently represents Tennessee's 2nd District and has been recognized nationally for his efforts to cut government waste and reduce taxes.

After enjoying a full buffet breakfast, approximately 180 Chamber members listened intently as Duncan spoke proudly of his Scott County roots and the strong work ethic that his family instilled in him and brought laughter to the crowd when he talked about some advice that his mother gave him saying, "She told me that if you can't amount to anything yourself, try to associate with people who do."

Noting that there are three "hot topics" Americans are most concerned with today; immigration, the cost of health care and the war in Iraq, Duncan spoke to each one individually. He said that his office has been flooded with phone calls and e-mails from Tennesseans regarding immigration and said that he



Congressman Duncan addresses Chamber members.

has never seen a "more lopsided" issue. Duncan said that Americans want our borders under control but are willing to allow those who are in compliance with our government's rules and regulations to be allowed to live in our country. Noting that the United States has been more generous over the years than any country in the world, Duncan said that an orderly system needs to be in place to ensure that this generosity is

not taken advantage of.

A second issue on the minds of many Americans is the "sky-rocketing" cost of health care. Duncan noted that costs have gotten out of hand and quoted former President Ronald Reagan and said in this instance, "Government is not the solution, it's the problem."

The third and possibly most controversial issue that Duncan spoke of is the war in Iraq. Duncan quoted Comptroller General David Walker who noted the "fiscal irresponsibility" of the war. Duncan voted against the United States invasion of Iraq and stands by his initial vote.

Duncan said that he is proud to serve more than 700,000 citizens in the state of Tennessee. Saying that he still believes that East Tennessee is the best place in the country to live, Duncan said, "There isn't a day that goes by when I don't have someone tell me that either they are moving to Tennessee, or someone they know is moving here." Giving kudos to Farragut Mayor Eddy Ford and former Mayor Bob Leonard, Duncan said that he was, "pleased but not at all surprised" that the town of Farragut was chosen as the Best Affordable Suburb in the South and said that he was proud to call Farragut his home.

The next Speaker Series Breakfast will be at 7:30 a.m., Tuesday, November 6, 2007 at Fox Den Country Club and will feature University of Tennessee Basketball Coach, Bruce Pearl.

member briefs...

Candlewood Suites Hotel on Parkside Drive has recently completed a renovation of 98 suites, and donated the used furniture to several local organizations. Mission of Hope received mattresses, box springs, linens and bedding and in the spirit of "sharing hope in rural Appalachia" will distribute the donated items to individuals and families in need.

Recliners and sofas from the hotel are scheduled to be transported to the gulf areas in Mississippi and Louisiana as part of the ongoing relief effort for the victims of hurricane Katrina.

The Candlewood Suites, part of the InterContinental Hotel Group, will soon announce their plans for an open house. Local clients and account representatives of the hotel will be invited to tour the hotel for a personal look at the completed renovations and upgrades throughout the hotel.

FSGBank is pleased to announce that Tenae Shipley has been promoted from assistant branch manager to branch manager at the bank's Farragut location and Andy

See MEMBER BRIEFS page 4

Annual Fall 5K Run and Pet Walk

With summer winding down, it's time to start planning for the **Annual Fall 5K Run and Pet Walk**. The race will take place at **8 a.m., Saturday, September 22, at Bob Leonard Park**. This event is sanctioned by USATF, will be managed by the Knoxville Track Club and promises to be a fun, pet and family-friendly good time.

Businesses, friends and families can group together; form a team of five people and pay for only four. Make it fun. Show your team spirit and colors while running or walking together. All teams will be photographed and recognized in Chamber Life and all pre-registered participants receive a free t-shirt and goody bag.

Thank you in advance to our presenting spon-



Logo: farragutpress, Tony Christen, designer

sor, **LogotrophX** and other sponsors; **BB&T, Charter Communications, First Utility District, Golf-Tec, NHC Place — Assisted Living, Regions Bank, Rural Metro, Sitel, State Farm Insurance Agencies; Vanessa Brown, Cindy Doyle, Mickey Hankal, Jeannette Rogers, United Community Bank, Village Veterinary Clinic, Volunteer Chiropractic and West Knox Chiropractic.** Additional sponsors are welcome and may call Jonathan Patrick, 5K chairman, at 865-356-9902, or the Farragut West Knox Chamber of Commerce at 865-675-7057.

Members are now able to register on the Chamber Web site.

ENTERPRISE CLUB

ADMIRAL ELITE

These Chamber members generously contribute to the Chamber and the Continuing Education Grant Program above and beyond their annual dues.

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CAPTAIN

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MEDIC Regional Blood Center had a ribbon cutting ceremony, Monday, June 25 at its new location 11000 Kingston Pike, Suite 9. Present for the ceremony from left to right are, Lynn Blake, M.D. Joe Haynes, board member; Jim Decker, executive director; Mayor Eddy Ford, Nancy Seay, Director of Nursing and Randy Lowe, board member.



Krista Bridges of AAA and Rena Amerson of Insulmaster get acquainted at the **AAA of East Tennessee** networking, Thursday, July 19.



Farragut High School students, Jordan Merrion (left) and Madison Bengé received community service hours as they helped prepare the newsletter for mailing at the Farragut West Knox Chamber of Commerce office.



Chamber members from Wood Properties enjoy the Speaker Series Breakfast together. Pictured from left to right are, Ben Kenney, Pamela Treacy, Laura Heinz and Jerry Daves.

The Farragut West Knox Chamber of Commerce gathered at **Gallery Provence Art Studio**, located in The Orangery in Homberg Place, Thursday, July 12, for an after-hours networking featuring the artwork of Soo Cha Griffith. Pictured left to right are, visitor Gladys Pineda Smith, Dot Chamberlain of Alliance for Business Resources and artist, Soo Cha Griffith.

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tiffany.walker@regions.com

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Web site: www.lauramarshsells.com

Each Office Independently Owned and Operated



Congressman Jimmy Duncan, Bettye Sisco and Mayor Eddy Ford take a moment to pose for the camera at the Speaker Series Breakfast, Tuesday, July 10.

Welcome to our renewing FWKC members!

Stephen H. Byrd Co.
Heritage Lake at Westland
Kelly Services
Reuben N. Pelot, III, DDS, PLLC



Captain Dave Westberg addresses Chamber members and presents a little history about the **Watts Bar Belle** at the Chamber networking, Thursday, July 26.



New member and presenting sponsor for the Farragut Fall 5K Run, Cheryl Nicholson of *LogotrophX* poses with Bettye Sisco at the networking at *Provence Gallery*, Thursday, July 12.



Marla Hartsook and Lori Henningfield of *Connors Steak & Seafood* enjoy the view from the *Watts Bar Belle* at a Chamber networking with the **Watts Bar Riverboat Company** Thursday, July 26.

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Northshore 9615 Kroger Park Dr	Kingston Pike West 9607 Kingston Pk

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President Quotes 'n Notes

by **Bettye Sisco**

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."

Babe Ruth

There is no "I" in Team



Teamwork... the concept of people working together collectively, considerately and cooperatively. Webster's definition of teamwork is, work done by several associates with each doing all subordinating personal prominence to the efficiency of the whole.

We, at the Farragut West Knox Chamber office have recently taken the concept of teamwork to new heights. The Chamber is continuing to grow ... which is wonderful, but often times with growth, businesses experience growing pains and that is exactly the time when teamwork becomes paramount.

As you may or may not know, we have an additional staff member at the Chamber. Judy Briody was hired as media coordinator; joining Joeva Merrion, executive assistant and Freda Faddis, office manager. With the staff in place, I am confident that we will be better able to assist our Chamber members, promote local businesses and help to better our community.

At the time of our recent hire, the Chamber office was experiencing a much needed renovation. The walls were being painted a sunny butter color. We were moving offices, changing the location of the conference room and cleaning out the clutter. Talk about baptizing my new associate in fire! But all of this activity allowed us to get to know each other a little better, rely on each other's abilities and ultimately strengthen our team as a whole.

Moving desks, chairs, tables and computers from one end of the office to another proved to be quite a challenge, but one that we were up to. We became adept at assembling furniture, spackling walls and hanging pictures while keeping up with the everyday business of running the Chamber office.

There are several skills necessary for a team to work and to work well. One skill, for example is listening. It is important to listen to your co-workers ideas because when we are allowed to express our ideas freely, new and possibly more creative ideas are often produced. Questioning, interacting and discussing the objectives of the team and treating our teammates with respect while supporting their ideas is essential. Sharing in the work load and contributing to the team concept allows co-workers' to rely on each other and strive for team success. And lastly, for a team to work effectively, they need to acquire good communication skills; for example e-mail, a message board, group meetings and brain-storming sessions. All of these skills allow the team to work together and achieve the team's ultimate goal.

The dust has just about settled at the Chamber office and at the end of the day, I realize how important teamwork is and know that I am truly grateful for mine.

Farragut West Knox Chamber of Commerce

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www.farragutchamber.com

This newsletter is published monthly by the Farragut West Knox Chamber of Commerce.

Welcome to our new Farragut West Knox Chamber members!

David A. Johnson-General Contractor, Inc.

General Contractor
Jeff Keith
4509 Papermill Rd.
Knoxville, TN 37909
865-212-9971

Gold Canyon - Candles-Body-Home

Retail Independent
Candle Sales
Tamara Longworth
8015 Wilnoty Drive
Knoxville, TN 37931
865-694-3007

Home Solutions

Retail Furniture Store
Lisa Lee
737 Lovell Rd.
Knoxville, TN 37932
865-671-1160

InsulMaster

Insulation-Commercial and Residential
Rena Amerson
10523 Lexington Drive
Knoxville, TN 37932
(865) 675-9600

N8 Promotions

Advertising - Promotional
Michael Torano
11803 Kingston Pk.
Knoxville, TN 37934
865-675-1039

N.C.I. Logotrophx, Inc.

Promotional Products - Advertising Specialties
Robert S. Nicholson
9111 Executive Park Dr.
Knoxville, TN 37923
865-357-8999

Richard F. Qulia

Investigations and Polygraph Co.
Polygraph & Private Investigation
Richard F. Qulia
341 Farragut Crossing Dr.
Knoxville, TN 37934
865-777-0243

Salon Biyoshi

Salon
David Watkins
10412 Kingston Pk. Ste. 102
Knoxville, TN 37922
865-690-4111

Showcase Home Designs

Kitchen & Bath Design
Rusty Culbertson
2900 Alcoa Highway
Knoxville, TN 37920
865-579-0399

Starbuck's - Turkey Creek

Gourmet Coffee Shop
Mary Williams
11038 Parkside Dr.
Knoxville, TN 37922
865-675-1529

State Farm Insurance

Insurance
Laura Ash
12744 Kingston Pike Suite 106
Knoxville, TN 37934
865-675-0888

UT Federal Credit Union

Financial Institution
Debbie H. Jones
2100 White Ave.
Knoxville, TN 37916
865-971-1971

member briefs...

from page 1

Wade, former Farragut branch manager, has been promoted to commercial lender at the Northshore location. Both Shipley and Wade have been with **FSGBank** for more than three years and look forward to serving their customers in their new capacities.

The Kiwanis Club of Farragut has elected new officers who will serve on the board beginning October 1, 2007 through September 30, 2008. Newly elected officers are: President, Al Elkins of **The Elkins Agency**; President Elect, Doug Downey, **Messer Construction**; Treasurer, Charles Stevens, **United Community Bank** and Secretary, Lyndie Mickey, **Summit View Health Management**.

Students at **National College of Business and Technology** got some "hands on" experience when they participated in an off-site field trip to Winston Eye Clinic Saturday, July 14. Learning about coding and transcribing as well as diagnostic equipment, students were free to ask questions relating to eye care, internships and employment opportunities. The purpose of this activity was to provide the students with an additional employment site upon graduation as well as learning about the skills needed to work as a medical assistant or medical office specialist.

Carino's Italian Grill is pleased to announce smoke-free happy hour from 3 p.m. to 7 p.m., Monday through Friday in the bar area. **Carino's** is also participating in wine dinners on the 4th Tuesday of each month. Call **Carino's Italian Grill** at 671-0790 for more information.

The **Pilot Club of Knoxville** and **Baptist Health System** will sponsor its 20th annual luncheon and fashion show to benefit the Baptist LIFELINE program. "Form, Fashion and Flair" will begin at 11 a.m., Saturday, August 18, at the Foundry on the World's Fair site. Casual and business wear will be presented by Coldwater Creek. The finale will showcase special occasion and evening wear by Classy Lady. Area merchants will host a gift bazaar beginning at 10 a.m. Tickets are \$25 each; however, higher donation categories ranging from \$50 to \$500 have been established for individuals and businesses that choose to give more. Tickets can be purchased at each of the Baptist Senior Health Centers in Knox County, from Pilot Club members or by calling Deborah McMillan at 865-632-5170.

The **Watts Bar Riverboat Company** will feature a fall color brunch/lunch and dinner cruise on the Watts Bar Belle Saturday, October 27. The brunch/lunch cruise will depart from 58 Landing in Kingston and travel to Melton Hill Dam Lock. The dinner cruise will leave from Melton Hill Dam, Oak Ridge and return to 58 Landing. For more information, call 865-376-5995 or visit the Web site at www.WattsBarBelle.com.

Calendar of Events

Please call the Chamber office at 675-7057 for information

August 23	<i>Networking, 8:00 AM</i> Mike Hammond, Knox County Commissioner, Knox County Library, Farragut Branch, 417 N. Campbell Station Road.	September 20	<i>Networking, 5:00 PM</i> A Joyous Occasion 7240 Kingston Pike (865) 588-5886
September 6	<i>Networking, 8:00 AM</i> United Community Bank 1134 Kingston Pike (865) 671-1600	September 27	<i>Networking, 8:00 AM</i> Medi Spa 200 Fort Sanders West Blvd. Building 4, Suite 118 Call Jan Miller (865) 32-5823
September 13	<i>Networking, 8:00 AM</i> Volunteer State Title 139 Fox Road, Suite 303 Call Teresa Laudermilk (865) 694-0660	September 28	<i>Ribbon Cutting, 10:00 AM</i> AM South 11400 Parkside Dr. Turkey Creek

Who's who...

by **Leslie Tucker**

Moving Madness Made (a little) Easier



Leslie Tucker

Raise your hand if you're ready for fall ... and for football weather when heading to Neyland Stadium means packing a light jacket in the car. Or a hike in the Smoky

Mountains isn't accompanied by heat stroke. Ninety degree weather (which feels like 105) is no fun unless you're in the water or continuous air conditioning. Just imagine spending the last couple of near record-breaking weeks moving. Talk about bad timing.

Looking back, I realize I could have spent a little and saved a lot: ie. time, stress, body aches, frustration, etc. etc. Next time I decide to relocate 30-some years of existence, I'll be sure to call these fine folks from the Farragut West Knox Chamber. **Junk Bee Gone** — This local company has created quite a buzz in a little more than two years of business. And no wonder. They get rid of your junk; face it, we all have a little (or a lot) of that! My mother often reminds me that if I'm not using something, it's a sin not to offer it to someone who could. I took that advice and bagged up all kinds of things that had been taking up valuable closet and floor space and then spent hours begrudgingly hauling it all over town.

The fee for professional, courteous junk removal experts to do that job for you depends on the amount of junk loaded. The Junk Bee Gone team will take the items to a landfill or recycling facility or will donate them to local charities. The company also rents dumpsters. From getting an estimate to junk removal, Junk Bee Gone makes the process easy. Owner Mike Such says, "95 percent of our customers get everything done the same day, so there's no need to make two appointments. It doesn't take long at all."

iSold It on eBay — For those one-time treasures you can't bear to donate, enlist the help of the online sales experts at this store located in Turkey Creek. The staff will photograph your items for sale, write descriptive copy, estimate their worth and place the item on the Web where countless potential customers shop around the clock. Once the item sells, iSold It on eBay ships to the buyer and mails you a check for the selling price minus eBay fees and store commission. "We can get you much better prices than garage sales," says owner Jackie Jacobs. "Besides, who wants to sit outside all day on a Saturday when we can do the work for you and market to buyers all over the world and internationally?" Good question.

Boy, am I grateful that my move is almost over, and I can appreciate what the grueling process taught me — mostly why it doesn't make sense to insist on tackling such a huge task all by myself and to take advantage of helpful local services! Now it's time that I make appointments at my favorite spa for a well-deserved massage and find a closet organizer. Lesson learned!

Leslie Tucker is the managing editor of Deep West Living, Greater Knoxville Homes & Living and Custom Homes of Greater Knoxville magazines. She can be reached at ltucker@cocoon-publishing.com.